



A SPONSORED '100 MILE' CYCLE RIDE FOR ERDINGTON FOOD BANK

Giles Murcott (Four Oaks Methodist) has set himself a challenge of cycling 100 miles in a day to raise money for Erdington Food Bank, who need extra help at the moment.

This will not be easy ... he has dodgy knees (!) and the furthest he has ever cycled is 60 miles in a day.

The ride will be on a Sunday in July. If you would like to sponsor him, details will follow.

Erdington Food Bank is in the heart of, and supported by members of Sutton Park Methodist Circuit, and is under the umbrella of the Trussell Trust: www.trusselltrust.org

At the beginning of the Coronavirus crisis this country, and indeed the world, was stricken with the fear that we would be unable to feed and look after ourselves and our families; the world panic bought toilet roll, soap, pasta, rice and tinned vegetables.

For a large percentage of us, the panic was due to lack of supply, not a lack of money.

But whilst our supermarkets are once again well stocked, for a large number of people the fear still remains, due to a lack of money. They are relying on Food Banks.

The poorest in our country are now even poorer from furlough and redundancy due to Covid 19.



OUR VISION: To end hunger and poverty in the UK.
OUR MISSION: Bringing communities together to end hunger and poverty in the UK by providing compassionate, practical help with dignity whilst challenging injustice.

OUR FOUNDING VERSE: We're an anti-poverty charity founded on Christian principles. We work with people of all faiths and none, and are founded by Jesus' words: "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me." Matthew 25:35-36